

中国疗养医学

CHINESE JOURNAL OF CONVALESCENT MEDICINE

月刊 1992年创刊 2026年 第35卷 第5期

主管单位

中华人民共和国应急管理部

主办单位

应急管理部北戴河康复院

出版单位

《中国疗养医学》编辑部

066104, 河北省秦皇岛市北戴河区保二路26号

电话: 0335-7817797

社长

赵朝阳

副社长

陈刚

主编

丛乃霞

编辑

《中国疗养医学》杂志编辑委员会

066104, 河北省秦皇岛市北戴河区保二路26号

电话: 0335-7817797

E-mail: zglyyx@126.com

https://www.zglyyx.com

印刷单位

秦皇岛环宝印刷有限公司

发行范围

公开发行

发行单位

秦皇岛市邮政局

出版日期: 2026年5月30日

邮发代号: 18-246

定价

每期32.00元, 全年384.00元

中国标准连续出版物号

ISSN 1005-619X

CN 13-1332/R

本刊所发表作品仅为作者观点, 并不代表编委会和编辑部意见, 如有印装质量问题请向本刊发行部调换。

目次

论著

不同疗养地自然疗养因子应用评价研究

.....徐莉, 陈姝静, 王晓博, 张哲鹏, 李如彬, 张恩达 (1)

基于中文文献探索中国官兵疲劳现状

.....罗虎, 赵伟, 尹永青, 沈慧 (9)

铁死亡与骨质疏松症研究现状的可视化分析

.....刘朝阳, 郭涛 (15)

基于CiteSpace的糖尿病延续性护理相关研究的可视化分析

.....张智威, 董丽霞, 杨帆, 冯睿琦, 高欣雨, 苗玉莹 (22)

专题研究·康复治疗

循筋通督温肾灸对肾虚督寒型强直性脊柱炎患者炎症因子水平及骨代谢指标的影响

.....冉雪菲, 张玉飞, 吴倩, 陈卫涛 (27)

耳穴刮痧联合开天门疗法干预睡眠紊乱状态患者的效果研究

.....李莲, 刘瑜, 刘欣欣 (32)

高压氧联合双重任务训练在脑卒中后认知障碍患者中的应用

.....李刚, 黄建 (36)

作业疗法联合rTMS治疗不完全性脊髓损伤后运动障碍的临床研究

.....王文莹, 冯威, 朱珂 (40)

宁志胶囊联合八段锦对血液透析患者的睡眠和生活质量的影响

.....钟招梅, 刘刚, 彭金霞 (44)

太极运动想象疗法联合间断负荷训练对经皮冠状动脉介入治疗后患者的影响研究

.....张蕊麟 (49)

机械动力牵拉法联合常规康复锻炼在旋前外旋型踝关节骨折术后患者中的应用研究

.....王晶晶, 唐春阳, 袁蕊 (54)

神经外科昏迷患者促醒护理中多模态感官刺激方案的优化研究

.....陈素娇, 林春梅 (59)

综述

农村失能老年人主要照护者孤独感研究进展.....何丽平,欧璐,王卫红(63)

老年人运动认知风险综合征研究进展.....汪雨恒,何丽(69)

老年人跌倒风险感知评估工具的研究进展.....殷慧琴,付莲英,胡蝶儿(75)

强迫症的病因探索与心理治疗困境.....程云霞(81)

中药外用联合运动疗法治疗膝骨关节炎的临床及机制研究进展.....黄俊玉,赵婧,郑健(86)

生活方式医学在康复疗养中心的应用体系构建与健康管理实践研究...于卫国,何文梅,杨雨薇,胡亚楠,沈静萍(90)

临床研究

心电图V1导联P波终末电势联合外周血FNDC5、Parkin对慢性心力衰竭患者左心室舒张功能障碍的评估价值
.....董凤娟,范桃红(95)

低温等离子射频消融联合低频脉冲电磁场治疗腰椎间盘突出症的临床研究.....柯雨,蔡奋忠(99)

调查研究

消防站长助理职业健康知信行现状及影响因素研究.....李秀,王璐,蒋英杰,顾静怡,赵阳(103)

整合照护视域下老年专科医护人员安宁疗护实践困境的质性研究
.....陈苏,楼婷,李治晓,肖昌亮,孙天会,匡黎(107)

Competent Organization
Ministry of Emergency Management of
the People's Republic of China

Sponsor
Beidaihe Sanatorium of the Ministry
of Emergency Management

Publishing
Editorial department of Chinese
Journal of Convalescent Medicine
26,Bao Er Road Seashore Beidaihe,
Qinhuangdao (066104)
Tel:0335-7817797

President
ZHAO Chaoyang

Deputy President
CHEN Gang

Editor-in-Chief
CONG Naixia

Editing
Editorial Board of Chinese Journal of
Convalescent Medicine
26,Bao Er Road Seashore Beidaihe,
Qinhuangdao (066104)
Tel:0335-7817797
E-mail:zglyyx@126.com
<https://www.zglyyx.com>

Printing
Qinhuangdao Huanbao Printing Co.,
Ltd.

Publishing Mode
Open

Distributor
Post Office of Qinhuangdao

Publication Date:May 30, 2026

Mail Code:18-246

Price
32.00 ¥/issue,384.00 ¥/year

CSSN
ISSN 1005-619X
CN 13-1332/R

CONTENTS IN BRIEF

Treatise
Evaluation Study on the Application of Natural Convalescent Factors in
Different Health Resorts
... XU Li, CHEN Shujing, WANG Xiaobo, ZHANG Zhepeng, LI Rubin, ZHANG Enda (1)
Current Status of Fatigue Among Chinese Military Officers and Soldiers
Based on Chinese Literature
..... LUO Hu, ZHAO Wei, YIN Yongqing, SHEN Hui (9)
Visual Analysis of the Current Research Status of Ferroptosis and Osteo-
porosis
..... LIU Chaoyang, GUO Tao (15)
Visual Analysis of Research on Continuous Care for Diabetic Based on
CiteSpace
... ZHANG Zhiwei, DONG Lixia, YANG Fan, FENG Ruiqi, GAO Xinyu, MIAO Yuying (22)

Thematic Research • Rehabilitation Therapy
Effects of Governor Vessel Circulation and Warming Kidney Moxibustion
on Inflammatory Factor Levels and Bone Metabolism Indicators in Patients
with Ankylosing Spondylitis of Kidney Deficiency and Governor Vessel
Cold Type
..... RAN Xuefei, ZHANG Yufei, WU Qian, CHEN Weitao (27)
Study on the Effect of Ear Acupoint Guasha Combined with Kaitianmen
Therapy in Intervening in People with Sleep Disorders
..... LI Lian, LIU Yu, LIU Xinxin (32)
Application of Hyperbaric Oxygen Combined with Dual-Task Training in
Patients with Post-stroke Cognitive Impairment
..... LI Gang, HUANG Jian (36)
Clinical Study on the Treatment of Dyskinesia after Incomplete Spinal
Cord Injury by Occupational Therapy Combined with rTMS
..... WANG Wenying, FENG Wei, ZHU Ke (40)
Effects of Ningzhi Capsules Combined with Baduanjin on the Sleep and
Quality of Life of Hemodialysis Patients
..... ZHONG Zhaomei, LIU Gang, PENG Jinxia (44)
Study on the Effects of Tai Chi Imagery Therapy Combined with Intermittent
Load Training on Patients After Percutaneous Coronary Intervention
..... ZHANG Huilin (49)
Application of Mechanical Dynamic Traction Combined with Conventional
Rehabilitation Exercises in Patients after Pronation-External Rotation
Ankle Fractures
..... WANG Jingjing, TANG Chunyang, YUAN Rui (54)
Optimization of a Dynamically Adjusted Multimodal Sensory Stimulation
Protocol to Promote Arousal in Neurosurgical Comatose Patients
..... CHEN Sujiao, LIN Chunmei (59)

Review

Progress in Research on Loneliness Among Primary Caregivers of Disabled Older Adults in Rural Areas
..... HE Liping, OU Lu, WANG Weihong (63)

Progress in Research on Motoric Cognitive Risk Syndrome in Older Adults
..... WANG Yuheng, HE Li (69)

Progress in Research on Fall–Risk Perception Assessment Tools for Older Adults
..... YIN Huiqin, FU Lianying, HU Dieer (75)

Exploring the Etiology of Obsessive–Compulsive Disorder and the Challenges of Psychological Treatment
..... CHENG Yunxia (81)

Progress in Clinical and Mechanistic Studies of Topical Chinese Medicine Combined with Exercise Therapy for Knee Osteoarthritis
..... HUANG Junyu, ZHAO Jing, ZHENG Jian (86)

Developing a Lifestyle Medicine–Based Health Management System for Rehabilitation and Convalescence Centers: Implementation Framework and Practice Outcomes
..... YU Weiguo, HE Wenmei, YANG Yuwei, HU Ya'nan, SHEN Jingping (90)

Clinical Research

Diagnostic Value of Electrocardiographic P-Wave Terminal Force in Lead V1 Combined with Peripheral Blood FNDC5 and Parkin for Left Ventricular Diastolic Dysfunction in Chronic Heart Failure
..... DONG Fengjuan, FAN Taohong (95)

A Clinical Study of Low-Temperature Plasma Radiofrequency Ablation Combined with Low-Frequency Pulsed Electromagnetic Field Therapy for Lumbar Disc Herniation
..... KE Yu, CAI Fenzhong (99)

Survey Research

Occupational Health Knowledge-Attitude-Practice among Assistant Fire Station Chiefs and Its Determinants: a Large-Scale Survey
..... LI Xiu, WANG Lu, JIANG Yingjie, GU Jingyi, ZHAO Yang (103)

A Qualitative Study of Hospice Care Practice Dilemmas among Geriatric Specialist Clinicians from an Integrated Care Perspective
..... CHEN Su, LOU Ting, LI Zhixiao, XIAO Changliang, SUN Tianhui, KUANG Li (107)